



# Community

Winter 2003

# in Motion

A Newsletter for the Residents of PCRI

www.pcrihome.org

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Park Terrace residents, PCRI staff, and guests enjoying the new Community Center.

## Park Terrace Gets a Makeover

On Thursday, October 24, PCRI held an open house for newly renovated Park Terrace Apartments. The afternoon's events started off with delicious Philly sandwiches, salads, and sweet goodies generously provided by NW Natural. Valerie Garrett, PCRI Project Manager, shared some background on what it took to get this major undertaking off the ground. Residents and PCRI staff were congratulated by Congressman Earl Blumenauer on a job

well-done. Betty Dominguez of OHCS presented PCRI Executive Director Maxine Fitzpatrick with a certificate of appreciation, and Wyman Winston, Deputy Executive Director of PDC, shared his thoughts on the

role Park Terrace continues to play in providing North and Northeast Portland with stable, affordable housing. Last but certainly not least, Arthur Payne, a long-time resident of Park Terrace, spoke about his impressions of the changing community.



### A BIG "thank you" to:

- US Affordable Housing CDC, Inc.
- US Bank National Association
- US Dept. of Housing and Urban Development
- Portland Development Commission
- Housing Authority of Portland
- Bureau of Housing and Community Development
- The Enterprise Foundation
- City Housing Development, Inc.
- NW Natural
- Oregon Arts Commission
- Art Builds Communities Program



We are grateful to Boeing's Spirit of the Holidays employee donation program for the kitchenware, stereo, and holiday gifts, and decorations for Park Terrace residents.

### Peet's Coffee & Tea™

Peet's Coffee is generously donating its delicious coffee to the Community Center every month. Thank you!



# Affordable Housing NOW!



**A**ffordable Housing Now! That was the declaration of a group of community advocates, supporters, and developers of affordable housing at a meeting held on December 4 at Portland State University. We all came together to take an oath and a stand to do whatever we could to assure that lower-income Portland residents had the affordable housing they so desperately need. The only ones missing at this meeting were you, the affordable housing recipients, but do not worry – your time for participation is coming.

Portland's housing market is experiencing the kind of housing crisis that cities like Los Angeles, Seattle, and Miami experienced before they enacted bond measures, property tax levies, and a real estate transfer tax. Seattle was recently noted as one of the top ten US cities. However, their public transportation and severely overcrowded freeways are a nightmare. But during the last general election, Seattle voted in a property tax levy to solve that problem – an effort that will assure them the continuance of that top ten status. In Portland, we have some of the best public transportation in the nation, and we are working on the overcrowding of our highways. Now it's time for Portland to address its biggest community livability problem – affordable housing. We must provide housing for everyone

who needs it, including the 2,500 homeless people seeking shelter every night.

According to the 2000 census, 32% of Portland's population do not live in affordable housing. In other words, an overwhelming portion of their income is spent on shelter. This number is significantly higher for families who earn less than 80% of the county median income. For a family of four in 2002, that amount is \$45,700. If your family consists of at least four people and you earn less than \$45,700 a year, you are considered low-income, and chances are you pay considerably more for your housing than you can afford.

How do we plan to address this problem we are experiencing in the City of Portland? A number of strategies are being considered, and none of them are new.

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There's the real estate transfer tax, commonly known as RETT. The current proposal would place a .75% (less than 1%) tax on real estate sales transactions in excess of \$150,000. If a house sold for \$150,000, the seller would be charged a \$1,125 transfer tax, which would be deducted directly from the sales proceeds at the time of the sale. There's also a property tax levy consideration, which would require a small property

tax assessment to property owners of approximately \$50-\$100 a year that would be used to subsidize the cost of developing affordable housing. Then there's a bond measure, which operates on the same taxing principle as the levy. However, the funds go directly to cover debt obtained by the City to build the houses.

Portland has a diverse housing need, and subsequently we have the dilemma of deciding what to do first. Do we build homes for the homeless, seniors, families with children, alcohol, and drug-free housing for people in recovery, or some other need? What income population do we address first: those on social security or welfare, those working minimum wage jobs or those who finally got a decent job and are now earning a living wage? Would it be used to build more housing? Perhaps it could be used to assist first-time homebuyers. Should it be used to help people move into stable housing situations and off the streets? Or, should it be used to help people with special housing needs who can't live independently?

Like the supporters, advocates, and affordable housing developers in attendance at that meeting, your input is needed. What do you think? How would you address the problem? When you get a notice or hear of a meeting and the caption is “Affordable Housing Now!”, please take the time to offer your perspective and to be a part of the solution.

**“If you can learn to be a hole  
in the wall, things will happen  
through you, not to you.”**

– John Randolph Price

Sincerely,

A handwritten signature in cursive script that reads "Maxine Fitzpatrick".

Maxine Fitzpatrick  
Executive Director

# Employee Profiles

## New Around the Office

### Shelby Rama



Shelby "Shel" Rama was hired as Fiscal Manager in August 2002. Shel is responsible for producing all financial statements and budgets for both PCRI and Park Terrace LLC. He has

had a varied career including more than 20 years in private industry, several years as a Certified Public Accountant, and 20 years as a college professor.

Shel was born into extreme poverty, in the heart of Appalachia, in 1936, and moved to Arizona as a small child. He enlisted in the Army and served in Korea during 1953-55. After being discharged in 1956 at the rank of Sergeant, he attended Arizona State University, graduating in 1960. Shel earned two Masters degrees in Professional Accounting and Taxation. He also earned two degrees in Biblical Studies and Religious Studies late in life.

Shel has 10 living children: seven older daughters from an earlier marriage and two sons and a daughter presently attending college. An older son passed away in 1983 while serving in the 101st Airborne Division. Shel also has 12 grandchildren. He plans to keep working until his youngest son Ernie, a basketball player at Concordia University in Portland, finishes college.

### Charlie Chau



I'm PCRI's new Assistant Fiscal Manager and System Administrator. I received my Bachelor of Science degree in Business Administration with a focus on Information Systems

Quantitative Analysis from Portland State University in 1999. My studies have been diverse, from fundamentals and concepts of business information technology to soft-

ware and hardware industries. In addition, I studied principles of business in accounting and finance, and have over three years of as a business administrator and computer specialist in various industries. In my free time I enjoy snowboarding and a variety of other sports. I speak three languages (English, Chinese, Vietnamese) and like to travel, with the Netherlands as my next destination in 2003. I feel blissful to be here at PCRI and enjoy working with the staff as well as residents.

### Loreta Skucas Boskovic



Loreta started in October 2002 as PCRI's new Director of Programs. She spent several years working for a health-related dot.com organizing communities around dis-

eases like breast cancer and fibromyalgia/CFIDS. A new mom of a giant baby boy, she's avidly interested in child development and has read just about every baby book the library has to offer. (Thankfully that phase is over.) She speaks Lithuanian and enough Serbian to converse with any two year old about socks, food, and nap-time. Other interests include gardening, international travel, movies and playing with her son and husband on the weekends.

### Lisa Arceneaux



I am a native of Portland, Oregon and recently returned after a six year stay in the awesome state of Oklahoma where I attended Oral Roberts University. I am unmarried and

have no children. I am a minister of the Gospel of Jesus Christ and love to minister the Word of God. I love to read, sing, travel, and teach and train children to write. I

currently have two booklets that are in the process of finalization for publishing. I consider myself to be very personable and love to share with others the many facets of my life. I recently joined the team at PCRI as Park Terrace's interim Resident Coordinator and am very pleased to be a part of the organization.

### Ella Shubert



PCRI's Administrative Director, Susan Barrett, gave birth on August 27 to a beautiful baby girl named Ella Frances. Ella was a healthy 8 lbs.12 oz. at birth and 20" long.

Current hobbies include playing with her favorite octopus rattle, trying to imitate "Itsy Bitsy Spider," and dancing to Ella Fitzgerald (of course) and Raffi. She is the first "PCRI baby" in a few years and has already sat in on her first meeting at the office. Next thing you know, she'll be out with the crew on work orders!

## Employee Of The Month



Aug 2002 – Valerie Garrett

Sep 2002 – Marvin Dean

Oct 2002 – Charlie Chau

Nov 2002 – Arika M. Bridgeman-Bunyoli

December 2002 – Mary Lucero

### Freegeek.org

Want to build your own computer? Freegeek.org recycles used technology and provides computers, education, and access to the Internet to those in need in exchange for a few hours of community service. For more information, go to [www.freegeek.org](http://www.freegeek.org) or call (503) 232-9350.

### Emergency Food Services

To find out about emergency food services in Multnomah, Clackamas, and Clark counties: *Oregon Food Bank*, (503) 282-0555 Monday-Friday, 8 a.m. – 5 p.m.

Oregon Food Bank staff will give you the names, addresses, and phone numbers of two or three emergency food agencies near where you live. *Metro Crisis Intervention*, (503) 525-6400 Evenings and weekends.

### Safeway Senior Shuttle

Free to seniors age 60 and over, Safeway offers a free shuttle service to the Ainsworth and MLK, Jr. Blvd. Safeway store twice a month. Please note that grandchildren and infants are not permitted on the shuttle at any time. Next dates: January 21, March 4, March 18, April 8, April 22. Call (503) 572-0812 for details.

## ¿Got Milk?

When the dairy industry's PR executives launched a "Got Milk?" campaign for the nation's

Latino population, they didn't realize the slogan asked, "Are You Lactating?" New ads were quickly developed that read, "Family, Love, and Milk."

But the sponsors failed to recognize that more than 50% of

Hispanic Americans are lactose intolerant. (From the Physicians Committee for Responsible Medicine, [www.pcrm.org/](http://www.pcrm.org/))



# Health Watch



Did you know that heart disease beats cancer as the leading killer in the nation, with stroke running a close third? It's the Northwest's number 1 killer. That's why it's important for you to know the warning signs of heart attacks and stroke.

### A heart attack may produce:

- Chest discomfort (uncomfortable pressure, squeezing, fullness or pain)
- Pain or discomfort in one or both arms, the back, neck, jaw or stomach
- Shortness of breath
- Cold sweat, nausea, lightheadedness

### Warning signs of a stroke:

- Sudden numbness or weakness of the face, arm or leg, especially on one side of the body
- Sudden confusion, trouble speaking or understanding
- Sudden trouble seeing in one or both eyes
- Sudden trouble walking, dizziness, loss of balance or coordination
- Sudden, severe headache with no known cause

If you or someone you know experiences these symptoms, call 9-1-1 immediately. (From the American Heart Association)

## Health Calendar



### JANUARY

- ▶ National Glaucoma Awareness Month ([www.preventblindness.org](http://www.preventblindness.org))
- ▶ National Birth Defects Prevention Month ([www.marchofdimmes.com](http://www.marchofdimmes.com))

### FEBRUARY

- ▶ American Heart Month ([www.americanheart.org](http://www.americanheart.org))
- ▶ National Child Passenger Safety Awareness Week (February 9–15) ([www.nhtsa.dot.gov](http://www.nhtsa.dot.gov))

### MARCH

- ▶ National Colorectal Cancer Awareness Month ([www.preventcancer.org](http://www.preventcancer.org))
- ▶ National School Breakfast Week (March 3 – 7) ([www.asfsa.org](http://www.asfsa.org))

### APRIL

- ▶ Alcohol Awareness Month ([www.ncadd.org](http://www.ncadd.org))
- ▶ Kick Butts Day (April 2) ([www.kickbuttsday.org](http://www.kickbuttsday.org))

### MAY

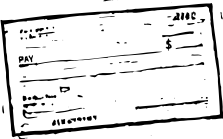
- ▶ Asthma and Allergy Awareness Month ([www.aafa.org](http://www.aafa.org))
- ▶ Older Americans Month ([www.aoa.gov](http://www.aoa.gov))

# Housing Development

## From Property Management

### Writing a check to pay your rent?

Please make sure your correct address is written on your payment check. (The same applies if someone else is paying your rent with their personal check.) If the correct information is not written on the check, it may not get posted to your account, and you may receive a late fee, and a notice for non-payment of rent.



### What if the 7th falls on a weekend or holiday?

PCRI's office has a mail slot located on Martin Luther King, Jr. Blvd. in the first doorway closest to Wygant Street. If the rent due date falls on a weekend, please make sure to drop it in the slot by that date.

### How closely can I place objects near my cadet or space heater?

It is recommended that there be a 12" minimum clearance in the front and on top of the heater.

### Inspections:

Property Management will visit your home some time this year to conduct an inspection. The inspection is conducted for health, safety, and capital improvement concerns. You will be notified of the inspection at least a week in advance.

## Don't Forget

PCRI will be holding its annual Recertification Interviews with residents (including Section 8 voucher recipients) in January, February, and March. If you have lived in a PCRI home for more than 6 months, you will receive a letter with a scheduled appointment date and time. If you cannot make this time, please call Ben immediately to reschedule. Now is a great time to get your income documentation

together (W-2's, most recent pay stubs, social security income, bank statements, etc.). No-shows will be subject to a \$100 rent increase per month.

## PCRI Is Moving

PCRI will be moving into its new office in June at 6329 NE Martin Luther King, Jr. Blvd. Watch your mail for more details!

## Interested In Buying A Home?

There are several homeownership programs now available to low-income individuals, including "A Home Of Your Own/Portland" and "Home 24." PCRI has teamed up with HAP and the Portland Housing Center to spread word to its residents about these programs. Call (503) 282-7744, x. 101 for more information about PHC's free orientation class, or call Loreta at PCRI: (503) 288-2923, x. 24.



# Maintenance Update

## Greetings Tenants,

The cold weather finally showed up and we are starting to get a lot of calls for weatherization. Maintenance will come out and seal up windows with non-sticking putty and will adjust or install door seals at your request. Please note that we do not supply window coverings. We have found that the double-sided tape used for the window coverings is too destructive to the window casings and is very difficult to remove. If you are interested in having more insulation in your home, and you know that your attic space is not insulated, you may be eligible for free insulation through the Multnomah County's Weatherization Program. Call me at the office and I will send you an application.

## No Heat

If you have a "no heat" situation this winter, please call our office immediately

to let us know. **If the office is closed there is an emergency pager number, (503) 599-3935, listed on our voice mail system that you can call which will alert me.** Also, please give our technicians verbal permission to enter if you will not be at home. If you do not want to give permission to enter, then please leave a contact number where you may be reached. Most no heat situations can be dealt with on the same day if the problem is called in early enough and permission to enter is granted. Thanks for your anticipated cooperation.

## Leaves In Your Gutter

Along with the cold we also have fall leaves to deal with! Please call our office and place a work order if you think your gutters need cleaning. Cleaning your gutters provides better drainage and, in most cases, can stop water from flooding into your basement.

## Grease Down The Drain

Lastly, we ask that you not to put any grease down your drains. It has come to our attention lately that PCRI is paying for a lot of drain cleanings due to grease buildup. These drain-cleaning services can be as high as \$240 each! Beginning this year, you will have to pay for any drain clearing services if it is found that the source of the problem is grease buildup and you are a longstanding tenant. Please dispose of grease in a sealable container and put it in the garbage to make sure you are not charged for the service.

I wish you all a great holiday season with friends and family.

**Bryant Edwards**  
Maintenance Supervisor

# Spotlight on Families



## The Art of Giving

by George Cartner, PCRI Parent Network

You have a master giver in your midst! For those of you who have or have had children ages two to six, you know who they are. For this master of giving it is a natural extension of his or her personality to give freely of themselves. It is actually a need this individual has.

You'll really notice this tendency the most between the ages of two and six. Those children are willing to help without getting something in return. They are the first to volunteer if asked. They are the ones you see hurry over if someone else spills something to help clean up. Out of the blue, you'll see them pick things up around the house. They are there to comfort anyone who is in need.

As adults, we can learn much from observing how children are committed to selfless giving. They show us unconditional love in its purest form. Children of this age need no calendar to tell them it is a season of giving – they do it all year long. They need no reward, nor do they have any expectation of getting something in return for the giving they freely present.

How and why is it that we adults lose such a prized possession? If you need an example of what giving is really like that involves the most valuable thing any of us has, look to your child.

### Upcoming PCRI Parent Network Meetings:

Feb 10, Mar 10, Apr 14, May 12

Meetings are from 6:00 – 7:00 p.m. at Park Terrace's Community Center and include dinner and child care. Network members receive a monthly stipend. Call Arika at (503) 288-2923, x. 22 for details.

## Upcoming Events

### January

► For Park Terrace Residents: Join Lisa, PCRI's new resident coordinator, for **Free Movie Night at Park Terrace** (315 N Alberta) every other Friday in the Community Center. Call Lisa at (503) 282-1359 for times and movie listing.

► **The 2003 Martin Luther King Day Celebration and Food Drive** will be on Sunday, January 19 at 2:00 p.m. Monday, a day of service, will be for taking the food collected to the Oregon Food Bank. For more information contact [loni.bramson@verizon.net](mailto:loni.bramson@verizon.net).

► **Hands On Portland** will hold its Third Annual Dr. Martin Luther King, Jr. Day of Service on Monday, January 20 in support of the Portland Public Schools. Hands On Portland will mobilize volunteers to help the schools keep up with basic maintenance tasks like painting, cleaning, and grounds work. The goal is to improve the school environment for 2,000 low-income schoolchildren. For more information, contact Hands On Portland at (503) 234-3581.

► **Oregon still needs your vote!** On January 28 there will be another special election. Special elections require that at least 50% of registered voters participate in the election, and issues on the ballot must receive a majority of the vote. The issue on the ballot is Measure 28, a tax increase resulting from one of Oregon's special legislative sessions. For more information on the measure and its potential impact, go to [www.oregonvotes.org/ballot.htm](http://www.oregonvotes.org/ballot.htm) or [www.ocpp.org](http://www.ocpp.org).

### February

► **African Film Festival** Mark your calendar for the February 1 opening gala with a silent auction and live music at **McMenamins Kennedy School** (5736 NE 33rd Avenue, 503-249-3983). The

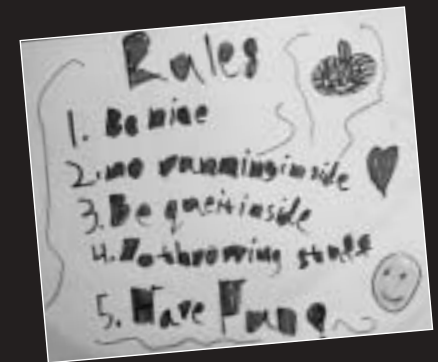
opening film from Senegal will be "Karmen Gei." Screenings are at 7:00 p.m. and 9:30 p.m. with music in the gymnasium at the Kennedy School to benefit the festival. *These free films will be shown Thursdays through Saturdays during February. Most films will be shown in Terrell at PCC Cascade (705 N. Killingsworth). Aminah Bakeer Abdul-Jabbaar will present her film for Women's Filmmaker Week on February 27. Festival phone line: (503) 244-6111, x 3630.*

### March

► **International Women's Day and Women's History Month** Portland's International Celebration will occur on Saturday, March 15 at the Smith Memorial Center from 12:00 noon to 6:00 p.m. This year's focus is on women and work issues. Events include workshops, a health fair, table vendors, entertainment, poetry, a poetry slam, and more! For contact information, please contact **Vanessa Volz** at 503-772-5161 or email [info@piwd.org](mailto:info@piwd.org).

## Art Contest

Calling all child artists! Send in your drawing and we'll select the best one for our next newsletter.



"The Rules"  
Arianna Cruz Sellu, Age 6



# Community Resources

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## **www.oregonhelps.org**

Oregonhelps.org is a simple tool families can use to find out what assistance they may be eligible for: food stamps, WIC, school lunches, Temporary Assistance for Needy Families, Oregon Health Plan, employment-related day care, Low-Income Energy Assistance Program, federal housing assistance, federal, and state earned income tax credit, state individual development accounts, and emergency food assistance. Call (503) 988-3707 for more information.

## **Now Open: Emerald Forest Herbarium**

PCRI resident Robert Hodges is proud to announce the opening of his store, Emerald Forest Herbarium. You'll find a wide selection of bulk herbs, spices, and teas; vitamins, amino acids, and supplements; incense and books. Drop by 315 NE Wygant, just around the corner from PCRI's office, and take advantage of Robert's 30 years of herb experience. Hours: 11:30 a.m. – 5:30 p.m. Tuesday through Saturday. For more information, please call (503) 249-0047.

## **WIC Farmers Market Nutrition Program**

Did you know that families enrolled in Oregon's Women, Infants and Children program can receive locally grown produce from the Farmer's Market this spring? Call Maria Menora at (503) 731-4022 for more information on the Farmers Market program. To enroll in WIC, call (503) 988-5858 or go online: [www.ohd.hr.state.or.us/wic](http://www.ohd.hr.state.or.us/wic).

## **Small Business Training**

RISE, the Refugee/Immigrant Self-Employment Project, offers a free six-week Basic Business Training course that includes business development training, technical assistance, and access to credit. People interested in learning more about the RISE program may contact Holly Forrester at 503-236-1204, email: [hforrester@mercycenterprise.org](mailto:hforrester@mercycenterprise.org).

## **Free Tuesdays at the Oregon Zoo**

The Oregon Zoo invites you to visit the animals for free! Just come after 1:00 p.m. on the following Tuesdays: February 11, March 11, April 8, May 13. Call (503) 220-3687 or check [www.oregonzoo.org/](http://www.oregonzoo.org/) for hours.

## **Fix-It Fair**

Come Saturday, January 25 to Portsmouth Middle School, 5103 N Willis Blvd. from 8:30 a.m. – 2:00 p.m., for free how-to classes on weatherizing your home, composting, gardening, debt, and budget management, and cooking. Free hot dogs and child care available. Call (503) 823-7222 or go online at [www.sustainableportland.org](http://www.sustainableportland.org).

## **Weatherization Workshops**

The Community Energy Office is offering free weatherization workshops that will take the chill out of the wet Oregon winter. Materials and instructions on how to weatherize your home will be provided on the following dates:

- Jan 22, Parkrose High School
- Jan 28, Peninsula Park Community Center
- Feb 4, Dishman Community Center
- Feb 11, St. Johns Community Center
- Feb 18, Montavilla Community Center

Class time is from 6:00 p.m. – 8:00 p.m. Call (503) 284-6827 for other dates and locations (including Spanish language workshops) in North, Northeast, and Southeast Portland.

## **File Unemployment Claims Online**

Are you filing your weekly unemployment insurance claim by phone? Save time by filing online at [www.workinginoregon.org](http://www.workinginoregon.org).

## **Free Computer Classes For Seniors**

Cyber Seniors classes bring hands-on computer basic training to seniors at 11 area libraries, including St. Johns, North Portland, and Hollywood branches. Classes are free and open to the public. Call your local library for a schedule of upcoming classes or check [www.multcolib.org](http://www.multcolib.org) for a listing.

## **New HAP Office**

The Housing Authority of Portland has opened a new office at 18725 SE Stark Street in Gresham. Apply for public housing, check on Section 8 status or public housing applications, or talk to someone about HAP's housing program. English, Spanish, and Russian spoken. Call (503) 802-8328.

## **Free Tax Help**

This year's tax day is Monday, March 17. Avoid the headaches by taking advantage of the AARP's Tax-Aide program! Open from February 1 – March 15, this service prepares tax returns and answers questions for people of all ages with middle and low incomes. It is confidential and free. Call 1-888-AARP-NOW for a location by you, or send in a question any time at [www.aarp.org/taxaide](http://www.aarp.org/taxaide).

## **Abandoned Cars**

An abandoned vehicle is defined by City Code as one that is illegally stored, in excess of 24 hours, on the street, and either does not have a valid license plate, or appears inoperative, disabled, wrecked or dismantled. Report an abandoned car 24 hours a day at (503) 823-7309.

## **Reuse-A-Shoe**

You can recycle your old athletic shoes! Nike collects them and grounds them up, using the material in athletic surfaces like the Portland Parks basketball courts. To find a drop-off location near you, call (503) 823-7202.

## **Disaster Preparedness Workshops**

The American Red Cross is offering a free presentation for individuals, families and organizations to help them prepare for and respond to disasters, both natural and man-made (fire, earthquake, winter storm, chemical emergency...). Call (503) 528-5689 or [beckerw@redcross-pdx.org](mailto:beckerw@redcross-pdx.org) for a presentation brochure.

## **Growing Gardens**

Growing Gardens is a local non-profit building food gardens with low-income folks in Portland. They build at homes, apartment complexes, schools, and social service organizations. The education programs for youth and adults support their mission in promoting food gardens for health, food security, and community. For info: (503) 284-8420, [info@growing-gardens.org](mailto:info@growing-gardens.org).

## **Ethos Urban Music Project**

Learn everything from Hip Hop Basics to Sequencing and Turntablism at Ethos, Inc. Call 503-241-8824, [info@ethos-inc.com](mailto:info@ethos-inc.com) for a class listing and scheduling.

## Earned Income Tax Credit = \$\$\$

The Earned Income Tax Credit (EITC) is a refundable Federal income tax credit for low-income working individuals and families. Even if your income level doesn't require that you file your taxes, it is worth the effort. Families with two or more children that earn less than \$32,121 are eligible to receive up to \$4,008 refund. Families with one child earning less than \$28,281 in 2002 can get up to \$2,428 back, and additional credits are available for very low-income people with no children.

Go to one of the following free tax preparation sites that have been set up to help low-income families and seniors file their taxes. Trained volunteers are able to provide services in a variety of languages. For more information, call one of the phone numbers below or go to [www.ocpp.org](http://www.ocpp.org).

- ▶ **Dishman Community Center**  
77 NE Knott St., (503) 825-3165
- ▶ **Portland Impact**  
4610 SE Belmont Ave., (503) 988-3660  
Sign language, French, and Spanish available.
- ▶ **King Neighborhood Facility**  
4815 NE 7th Ave., (503) 280-5835
- ▶ **Multicultural Senior Service Center**  
5325 NE Martin Luther King, Jr. Blvd., (503) 988-5470



PCRI families at the Kruger's Farm Market pumpkin patch on Sauvie Island.

## PCRI Board of Directors

**Judith A. Pitre**, Board President  
**Tom Benjamin**, Board Vice President  
**Phil Damiano**, Board Treasurer  
**Ayanna Curry**, Board Secretary  
**Simone Brookes**  
**Amy Miller-Dowell**  
**Fred Hansen**

Have a suggestion for the newsletter?  
Call Loreta at (503) 288-2923. x. 24.

