

AAHC 17th Annual Wellness Village

Where:

Ambridge Center
1333 NE MLK JR. Boulevard,
Portland, OR 97232

When:

Saturday, October 20, 2012
9:00 am – 3:00 pm

Fun for the whole family!

FREE: Healthy Kids Insurance Enrollment Assistance, Immunizations, Dental, Massage, Blood Pressure, Depression, Travel Safety, Diabetes Screening, Diabetes Foot Checks, Vision, Hearing, Self Defense, and so much more.

FREE: Activities for kids provided by the Police Activity League

FREE: Healthy cooking demos

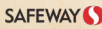
FREE: Zumba, Yoga and other activities

FREE: Macy's fashion show, beauty bar and \$10.00 gift cards for all who attend while supplies last. Winners of the Macy's /AAHC **lifestyle make-over** will be introduced at the event prior to the fashion show!

WE STILL NEED VOLUNTEERS!!!!

To volunteer email us: atvolunteer@aahc-portland.org. For a list of volunteer job descriptions go to: <http://aahc-portland.org/volunteer>

Special thanks to our sponsors:



Like us on Facebook for a chance to enter the **lifestyle makeover**

For more information contact the AAHC at 503-413-1850 or visit www.aahc-portland.org